

Tips for a successful interview

Before the interview:

- Learn more about the process (see back panel for resources) and view the video at: www.siswebsite.org.
- Think about who knows the individual the best and ask them to attend the interview.
- Think about the individual's support needs: What type? How often? How much time?

During the interview:

- Do not underestimate support needs.
- Keep an open mind about things an individual cannot do now but may do in the future.
- If you disagree or don't understand something that is said, speak up.
- If you need a break, say so.

After the interview:

- Your care coordinator will share a report with you.
- If you have concerns or questions about the interview process, contact your care coordinator or SIS evaluator.

For More Information

NC Division of MH/DD/SAS
www.ncdhhs.gov/mhddsas/

Developmental Disabilities Training Institute (DDTI)
www.unc.edu/depts/ddti

Partners Behavioral Health Management
www.partnersbhm.org

American Association on Intellectual and Developmental Disabilities (AAIDD)
<http://aidd.org/sis>



Customer Services: 1.888.235.HOPE
Administrative Offices: 1.877.864.1454
Website: www.partnersbhm.org
Email: questions@partnersbhm.org

Corporate Office:
901 S. New Hope Rd., Gastonia, NC 28054



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Preparing for the Interview



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Behavioral Health Management

What is the Supports Intensity Scale?

North Carolina is moving to an assessment model that focuses on the supports needed by the person to be more independent in their community. The Supports Intensity Scale (SIS) is a required assessment tool that measures daily support needs of someone who is receiving, or waiting to receive, intellectual and developmental disability (IDD) services in North Carolina.

Unlike traditional assessments, the SIS focuses on what supports a person needs, on a daily basis, to live as independently as possible within his or her community. A trained professional with developmental disability experience conducts the SIS assessment. Your SIS assessment will be used as a part of the person centered planning process when developing your individual support plan.

The SIS is a valid and reliable assessment tool developed by the American Association on Intellectual and Developmental Disabilities.

The Interview

A SIS evaluator will use a tool to measure an individual's support needs during a two to three hour face-to-face small group interview. At least two other people (respondents) who can provide information about the individual's support needs will also participate. The two respondents may be family members, advocates, a service provider or anyone else that knows the individual well. The interview will be held in a location that offers privacy and comfort. The interview can be conducted in the home, in a day program or another place where the person is comfortable.

What kind of questions will be asked?

Some questions will be about supports needed at home, in the community, with friends and at school or work. Other questions will focus on health and safety needs, and medical and behavioral supports.

The interviewer will want to know:

- The type of support needed (monitor, prompt, physical assist)
- How often support is needed (weekly, daily, hourly)
- How much support is needed (total time per day)



The SIS results will be reviewed annually as a part of the person centered planning process

North Carolina Assessment Tools

Supports Intensity Scale (SIS), a nationally recognized tool used to determine the support needs of individuals with IDD.

NC SNAP, a tool developed for use in North Carolina to identify short-term needs for medical, behavioral, and daily living supports.